



**The Dietitians Association of Australia
and the Nutrition and Disability Interest Group Presents**

**Mastering Anthropometric Measurements in Clients with
a Disability**

The Dietitians Association of Australia and the Nutrition and Disability Interest Group invite you to be a part of “Mastering Anthropometric Measurements in Clients with a Disability” workshop. This full day event provides you with an opportunity to update your knowledge in the exciting areas of making anthropometrical assessments in people with a physical and intellectual disability. Morning tea, lunch and afternoon tea will provide an opportunity for attendees to network with colleagues.

PROGRAM

9:00–9:30	Registration, networking and coffee
9:30–9:40	Acknowledgement of country and welcome <i>Jodie Ellis</i>
9:40–10:00	How do doctors use anthropometrical measurements in practice <i>Dr Robert Leitner – Director, SESIAHS Developmental Disability Network</i>
10:00 –10:45	Use of anthropometric measurements in children with disability <i>Kristie Bell</i>
10:45 – 11:00	Questions and Discussion
10:00–11:30	MORNING TEA (30 minutes)
11:30 –12:15	Specialised growth charts including practical session <i>Jodie Ellis</i>
12:15 – 1:00	Use of anthropometric measurements in adults with disability <i>Lyn Stewart</i>
1:00 - 1:15	Panel Discussion/Questions
1:15 – 2:00	LUNCH (45 minutes)
2:00- 2:30	Skin fold measurements <i>Helen O’Connor - Senior lecturer discipline, University of Sydney – level 3 Anthropometrist, ISAK, APD, AN, PhD</i>
2:30 – 3:30	Practical Session 1 - Anthropometry in Practice <i>Jodie Ellis, Lyn Stewart, Kristie Bell, Helen O’Connor</i>
3:30 – 3:45	AFTERNOON TEA (15 minutes)
3:45 – 4:30	Practical Session 2 - Anthropometry in Practice <i>Jodie Ellis, Lyn Stewart, Kristie Bell, Helen O’Connor</i>
4:30 – 4:45	Feedback Session
4.45 – 5:00	Close and evaluation